



DR. JANICE POTTER, ND
NATUROPATHIC PHYSICIAN

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Hello!

Welcome to the naturopathic medical clinic of Dr. Janice Potter. Enclosed is some general information regarding the clinic. Please download and complete the New Patient Intake Form and bring it to your first visit.

First visit is devoted to assessment. It will take approximately 60 minutes and the cost is **\$120.00**. Dr. Potter will take a thorough medical history, review your detailed new patient form and discuss your therapeutic options. During this appointment, Dr. Potter will perform a brief physical exam and a treatment program is often started. Reading through Dr. Potter's website at www.drpotter.net before your first visit is often helpful.

Please bring to your first appointment:

- a completed new patient form**
- your BC Medical Care Card**
- all of your medications, pills**
- your nutritional supplements**
- any current lab results**

Second visit is a 30-60 minute appointment to continue your treatment plan. Treatment options will be customized to your body type, lifestyle and budget. Suggested treatments may include dietary changes, lifestyle changes, nutritional supplements, botanical (herbal) medicine, homeopathy, Bowen therapy, a cleansing program, emotional release techniques, referral to another practitioner or home remedies.

Follow up visits may be booked for treatment or reassessment of your progress and the treatment plan. The following options are available:

- 15 minute visit \$40.00
- 30 minute visit \$59.00
- 60 minute visit (for Bowen or EFT) \$80.00

Payment

The clinic accepts cash, cheques, debit, Visa or Master Card. Payment is made at the end of each visit. Please note that the HST will be applied to all visits and dispensary items.

Extended Health Plans: Most extended health care providers do cover Naturopathic medicine. Check with your policy to determine the amount and type of services that are covered. You are responsible for sending in your receipt to your insurance company for reimbursement.

Low Income: If you are on premium assistance and your BC medical is paid for or subsidized by the government, you may be eligible for a portion of your appointment to be covered by BC medical. Please inform the receptionist and they will confirm your status. Dr. Potter is committed to providing accessible natural medicine. If finances are an issue, please inform her so that she may offer the most affordable treatments possible.

Our clinic is located at suite #103B-1980 Cooper Road in Orchard Plaza II, across the parking lot from and facing Zellers. Look for us under the blue awning marked Naturopathic Clinic. There is plenty of free parking. Kindly give us a call if you have any concerns or questions.

Wishing you good health,

Dr. Janice Potter